

## **PICCAN Allergy Relief (desloratadine)**

Package leaflet: Information for the user

PICCAN Allergy Relief 0.5 mg/ml oral solution  
Desloratadine

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Keep this leaflet. You may need to read it again.

If you have any further questions, ask your doctor or pharmacist.

This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What PICCAN Allergy Relief is and what it is used for
2. What you need to know before you take PICCAN Allergy Relief
3. How to take PICCAN Allergy Relief
4. Possible side effects
5. How to store PICCAN Allergy Relief
6. Contents of the pack and other information

### 1. What PICCAN Allergy Relief is and what it is used for

PICCAN Allergy Relief is an antiallergy medicine that does not make you drowsy. It helps control your allergic reaction and its symptoms.

PICCAN Allergy Relief is used for:

- relief of the symptoms associated with allergic rhinitis (inflammation of the nasal passages caused by allergy, for example, hay fever or allergy to dust mites) in adults and adolescents 1 year of age and older. These symptoms include sneezing, runny or itchy nose, itchy palate (roof of the mouth) and itchy, red or watery eyes;
- relief of the symptoms associated with urticaria (skin rash caused by an allergy). These symptoms include itching and hives.

PICCAN Allergy Relief relieves your symptoms for a full day and helps you to resume your normal daily activities and sleep.

### 2. What you need to know before you take PICCAN Allergy Relief

Do not take PICCAN Allergy Relief

- if you are allergic to desloratadine or any of the other ingredients of this medicine (listed in section 6);
- if you are allergic to loratadine.

Warnings and precautions

Talk to your doctor or pharmacist before taking PICCAN Allergy Relief:

- if you have poor kidney function;
- if you have medical or familial history of seizures.

If this applies to you or if you are not sure, please check with your doctor before taking PICCAN Allergy Relief.

Children and adolescents

Do not give this medicine to children less than 1 year of age.

Other medicines and PICCAN Allergy Relief

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

There are no known interactions of PICCAN Allergy Relief with other medicines.

PICCAN Allergy Relief with food and drink

PICCAN Allergy Relief may be taken with or without a meal.

Pregnancy, breast-feeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

If you are pregnant or nursing a baby, it is not recommended to take PICCAN Allergy Relief, so you should ask your doctor for advice before taking this medicine.

Driving and using machines

At the recommended dose, PICCAN Allergy Relief is not expected to cause you to be drowsy or less alert. However, very rarely some people may experience drowsiness, which may affect their ability to drive or use machines.

PICCAN Allergy Relief contains sorbitol

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before using this medicinal product.

### 3. How to take PICCAN Allergy Relief

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

Adults and adolescents (12 years of age and older):

- take 10 ml of oral solution once daily.

Children 1 through 5 years of age:

- take 2.5 ml of oral solution once daily.

Children 6 through 11 years of age:

- take 5 ml of oral solution once daily.

How to take PICCAN Allergy Relief:

- you should measure the quantity indicated of PICCAN Allergy Relief with the help of the measuring device provided in the package;
- swallow the dose of oral solution and then drink some water. You can take this medicine with or without food.

Duration of treatment:

Duration of treatment	
Intermittent allergic rhinitis (presence of symptoms for less than 4 days per week or for less than 4 weeks)	Your doctor will recommend you a treatment schedule that will depend on the evaluation of the history of your disease
Persistent allergic rhinitis	Your doctor may recommend you a longer term treatment

(presence of symptoms for 4 days or more per week and for more than 4 weeks)	
Urticaria	The duration of treatment may be variable from patient to patient and therefore you should follow the instructions of your physician

If you take more PICCAN Allergy Relief than you should

Always take PICCAN Allergy Relief exactly as your doctor has told you. Even though no serious problems are expected, if you took more PICCAN Allergy Relief than you should, contact your doctor or pharmacist immediately.

If you forget to take PICCAN Allergy Relief

If you forget to take a dose, take the dose that you forgot as soon as you remember and then continue taking PICCAN Allergy Relief as usual.

Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

#### 4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

In adults, the most common side effects are fatigue, dry mouth and headache. In children aged less than 2 years, diarrhoea, fever and insomnia were commonly reported.

Very rare side effects (occur in less than 1 in every 10,000 patients):

- severe allergic reactions (difficulty breathing, wheezing, itching, hives and swelling) and exanthem (a skin rash);
- palpitations (heartbeat stronger than usual);
- fast heartbeat;
- stomach ache;
- nausea;
- vomiting;
- upset stomach;
- diarrhoea;
- dizziness;
- drowsiness (inability to sleep);
- muscle pain;
- hallucinations (seeing, feeling or hearing things that are not real);
- seizures;
- restlessness with increased body movement;
- liver inflammation;
- abnormal liver function tests;
- rash.

Not known (frequency cannot be estimated from the available data):

- increased sensitivity of the skin to the sun, even in case of cloudy sky, and to UV light, for instance to UV lights of a solarium;
- abnormal behaviour;
- aggression;
- changes in the way the heart beats;

- weight increased;
- increased appetite.

#### Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly (see details below). By reporting side effects you can help provide more information on the safety of this medicine.

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#### 5. How to store PICCAN Allergy Relief

Keep this medicine out of the sight and reach of children.

Use within 2 months after opening.

Do not store above 25°C. Store in the original package in order to protect from light.

Do not use this medicine after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

Do not use this medicine if you notice visible signs of deterioration.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

#### 6. Contents of the pack and other information

What PICCAN Allergy Relief contains

The active substance is desloratadine 0.5 mg/ml.

The other excipients are sorbitol solution 70%, propylene glycol, sucralose, hypromellose, sodium citrate, peach flavour, anhydrous citric acid, disodium edetate and purified water.

What PICCAN Allergy Relief looks like and contents of the pack

PICCAN Allergy Relief is available in type III amber glass bottles of 200 ml filled up to 150 ml with child-resistant closure and with a measuring device.

#### Marketing Authorisation Holder

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Manufacturer

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